

RACE RULES AND INFORMATION

1. For the 42.2 km, 21.1 km and 10 km race: the temporary number must be pinned in front and the 2019 ASA license number must be on the back and front and must be visible. The race number must be placed so that the ASA license, sponsor and the Prov year remain visible.
2. Temporary number has no insurance coverage on the day of the event.
3. No person who finishes a shorter race than what was entered for, will qualify for any prize money, medal or incentives.
4. Obey all marshals, traffic authorities and traffic rules - failing to do so may lead to disqualification. Checkpoints on route.
5. No vehicles are allowed on the course.
6. Seconding only at water points, however there are sufficient refreshment tables.
7. Due to the nature of the course, no prams, blades, animals or mechanically operated devices (excluding hearing aids) are allowed.
8. The organisers reserve the right to return any entry not in keeping with the spirit of the race. The decision of the organisers will be final and no correspondence will be entered into.
9. Foreign athletes need to produce a clearance certificate from their National Federation to compete in SA - approval from ASA. This needs to be given to the club organiser before entering for the event.
10. Athletes winning prize money must be present during the prize giving ceremony. If not present, he/she will forfeit the prize money.
11. Environmentally – (rule 28) participants must take responsibility for their actions when disposing of litter (may lead to disqualification).
12. ID must be available on the day of the event. All races are run in accordance to IAAF, ASA and AFS rules and regulations.
13. The 42.2 km marathon is a double lap route.
14. Water point every 3 km.
15. First aid available and ambulance service along the route.
16. Shower and ablution facilities at venue.
17. Food and refreshments will be sold at the venue.
18. Tog bag area available.
19. Safe parking.



25th

SASOL MARATHON

Comrades and Two Ocean qualifier

Date	Saturday, 2 February 2019
Venue	DP de Villiers Stadium, Sasolburg
Time	06:00 – 42.2 km, 21.1 km & 10 km 06:30 – 4.9 km funrun 10:00 – prize giving
Cut-off time	42.2 km – 5 hours 21.1 km – 3 hours 10 km – 2 hours 4.9 km funrun – 1 hour

Host of the 42.2 km Free State Championship

Presented by the Sasolburg Athletics Club

ENTRY FEES (half price for grand masters on all distances)

42.2 km Marathon	Pre-entries R160	Late entries R180
21.1 km half marathon	Pre-entries R120	Late entries R140
10 km race	Pre-entries R70	Late entries R80
4.9 km funrun	R30	
Temporary license	R50 – to be worn by individual participants (not belonging to a club) for the 42.2 km marathon, 21.1 km half marathon and 10 km race.	
Minimum age requirement	20 years 42.2 km marathon 16 years 21.1 km half marathon 14 years 10 km race 9 years 4.9 km funrun	

Pre-entries can be done on www.enteronline.co.za and at Sportsman's Warehouse in Vanderbijlaprk from 9 November 2018 until 20 January 2019. **Late entries** open at 04:30 on the morning of the event at the DP de Villiers Stadium.

T-shirts to the first 400 pre-entries for the 42.2 km marathon and first 200 pre-entries for the 21.1 km half marathon.

Every participant that finishes the race entered for will receive a medal.

Free State Championship medals will be awarded to the top 3 winners in the different age categories for the 42.2 km marathon.

TIME KEEPING AND RESULTS

Time keeping will be done by Chamberlains Time Keeping.
All results will be posted on www.raceresults.co.za.

PRIZE MONEY

42.2 km			21.1 km			10 km		
Category	Male	Female	Category	Male	Female	Category	Male	Female
Open			Open			Open		
1 st	R2 750	R2 750	1 st	R1 200	R1 200	1 st	R1 000	R1 000
2 nd	R1 750	R1 750	2 nd	R800	R800	2 nd	R500	R500
3 rd	R1 000	R1 000	3 rd	R500	R500	3 rd	R250	R250
40 to 49 years			Junior			Junior		
1 st	R750	R750	1 st	R500	R500	1 st	R300	R300
2 nd	R400	R400	2 nd	R300	R300	2 nd	R200	R200
3 rd	R200	R200	40 to 49 years			40 to 49 years		
50 to 59 years			1 st	R500	R500	1 st	R300	R300
1 st	R750	R750	2 nd	R300	R300	2 nd	R200	R200
2 nd	R400	R400	50 to 59 years			50 to 59 years		
3 rd	R200	R200	1 st	R500	R500	1 st	R300	R300
60+ years			2 nd	R300	R300	2 nd	R200	R200
1 st	R750	R750	60+ years			60+ years		
2 nd	R400	R400	1 st	R500	R500	1 st	R300	R300
3 rd	R200	R200	2 nd	R300	R300	2 nd	R200	R200
70+ years			70+ years			70+ years		
1 st	R750	R750	1 st	R500	R500	1 st	R300	R300
2 nd	R400	R400	2 nd	R300	R300	2 nd	R300	R300
3 rd	R200	R200						

CONTACT DETAILS

- Inquiries – Race Office | 078 501 7638
sasolburgathletics@gmail.com
- Event manager – Mieke Grobler | 083 630 0440
- Technical officer – Haig Fourie | 083 311 9722
- Safety officer – Darryl Jooste | 076 112 0172

25th SASOL MARATHON
Saturday, 2 February 2019
DP de Villiers Stadium, Sasolburg

Entry form

Entry fee	4.9 km funrun	10 km	21.1 km	42.2 km	Temp license
Pre-entry	R30	R70	R120	R160	R50
Late entry	R30	R80	R140	R180	R50

Indicate race being entered for with an X

42.2 km	21.1 km	10 km	4.9 km funrun
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Name & Surname _____

SA Citizen / Foreigner _____

ID / Passport / Birth Certificate _____

Gender _____

ASA License / Temp No _____

Club name _____

Province _____

Contact number _____

Emergency contact Number _____

Amount paid _____

Date paid _____

WAIVER BY ENTERING THIS EVENT

I undertake to be bound by the rules and regulations of the event including those of IAAF and ASA. I warrant that I am in good health and aware of the risks and dangers of physical nature of the sporting event, and do not claim ignorance of these risks and dangers. I hereby accept that I participate in the event entirely at my own risk and I release and discharge, to the fullest extent allowed in law, the organizer of the event, provincial and national athletic bodies and all local authorities from the responsibility, liability or costs relating to injury, loss or damage of whatever nature, including pre and post race activities. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the activity.

Name of athlete _____

Phone _____ **Signature** _____

MINOR RELEASE (for participants under 18 years of age)

I, the minor's parent / legal guardian, understand the nature of athletic activity and believe the minor to be qualified, in good health and in proper physical condition to participate in such activity and I enter into this waiver on behalf of the minor.

Name of parent / guardian

Phone _____ **Signature** _____