



RISING SUN CHATSWORTH A.C



RISING SUN CHATSWORTH FREEDOM MARATHON 2019
CHATSWORTH STADIUM, DURBAN • SUNDAY, APRIL 14, 2019 AT 5.30AM



52km Run



T-shirts & Medals

1st Prize
Male & Female

R10 000

Sponsored By



21km Run



T-shirts

1st Prize
Male & Female

R5 000

Sponsored By



10km Run/ Walk



T-shirts

1st Prize
Male & Female

R2500

Sponsored By



Online Entries Close On 07 April 2019

Contact : Dan Paliam - 082 877 0400 • ONLINE ENTRIES: www.eventtiming.co.za
(STRICTLY PRE ENTRY ONLY)



Official Qualifier

**One Runner Will Stand A Chance Of Winning
A R10 000 Furniture Voucher As Part Of An Exciting Lucky Draw.**

Sponsored by **THE KITCHEN studio**

(T's & C's Apply)



RACE ENTRIES: WHERE TO ENTER

“Pre-Entry only”

1. Chatsworth Stadium on Tuesday from 7:00pm to 8:00pm.
2. Chatsworth Stadium: Saturday, 13 April 2019 from 10am to 4pm.
3. KZN Athletics Office Isiah Ntshangase Road, Box Provided. (closes 07 April 2019) No cash. Bank transfer only.
4. Online Entries at www.chatsworthathletic.co.za, www.eventtiming.co.za (entries close at midnight on 07 April 2019).
5. Bank Transfer : ATM Cash Deposits @ Capitec can be made
Bank : Capitec , Account Holder : Eventtiming (K H Bradfield), Account Number : 1543764345 , Clearing code : 470010
Account Type : Savings, Branch : Pavillion. Use your Identity Number as reference and Whatsapp the slip with your reference endorsed on it to 061 505 1416

ALSO NOTE

- No Cheques will be accepted.
- Race entry tags will not be posted.
- COLLECT on Saturday, 13 April from 10:00am to 4:00pm or race morning from 04:00am to 05:15am at the Chatsworth Stadium.
- Race entry forms can be downloaded from website:www.chatsworthathletic.co.za.

OTHER INFORMATION & RULES

- All foreign athletes must abide by IAAF rules 4.2 and 142 and ASA Rule 9.
- Foreign athletes to contact race organizer.
- The race is run in accordance with and subject to IAAF, ASA & KZNA Rules.
- Runners must be 20 years or older for 52km on race day.
- Runners must be 16 years or older for 21km on race day.
- Runners must be 14 years or older for 10km on race day.
- KZNA approved age category tags must be worn on back and front of vest / crop top and must be clearly visible in order to qualify for age category prizes.
- 2019 Licence numbers must be worn on the back and front of the vest / crop top and must be clearly visible.
- Temporary Licence on back of vest / crop top and must be clearly visible.
- Cut of times
 - : 52km – 6hrs 30 mins
 - : 21km – 3hrs 30 mins
 - : 10km – 1hr 30 mins
- Prize giving will commence at 10:30am.
- The 52km is a comrades qualifier: 6hrs 24min 59 sec.
- Personal seconding will not be allowed.
- Results on clubs website.
- Disqualified athletes will not be eligible for any incentives.
- T-shirts to first 2500 entrants and rest to follow at a later date.
- Cut off point for 52km: 5hrs 30mins at 42km mark (11h00)
- Those arriving after 5hrs 30mins at this point will be removed from the race. (Traffic authority requirement).
- Proof of age may be required from age category athletes.
- Participants must obey the race officials, marshals and traffic officers.
- Your entry fee will not be refunded if you do not participate.
- Walkers: KZNA / ASA approved walker tags must be worn on front and back of vest/crop top.
- The race number must be worn over the permanent licence number on the front of the upper body clothing and be placed so that the ASA Licence sponsor and the ASA Province/year remain visible above the race number (ASA Rule 26.1.7).
Temporary licence athletes must wear the race number on the front of the upper body clothing (ASA Rule 25.5.6)

ENQUIRIES: www.eventtiming.co.za • Dan Paliam : 081



ENTRY FEE

KM	EARLY BIRD ENTRIES	LATE ENTRIES
52km	R250	R300
21km	R150	R200
10km	R100	R120
Temporary Licence - 21km R40 + Entry Fee & 10km R30 + Entry Fee		

Early Bird Entries

Closes 07 April 2019

Late Entries

Up to Saturday 13 April 2019 at 16:00
Hand Delivered Only

“Ideal Comrades Tester”

ENTRY FORM

Distance	52km <input type="checkbox"/>	21km Run <input type="checkbox"/>	10km	<input type="checkbox"/> R <input type="checkbox"/> W	Race No. FOR OFFICIAL USE
Surname					
First Name/s					
2019 Licence Number	Email				
S.A Citizen	YES <input type="checkbox"/>	NO <input type="checkbox"/>			
Club:	Province:				
Gender	M <input type="checkbox"/>	F <input type="checkbox"/>	Age <input type="text"/>		
Identity Number	Or Permanent Residence Number:				
Tel(Home):	Tel(Work):		Cell:		

PRIZE MONEY

PRIZE MONEY	MALE / FEMALE : 52KM				MALE / FEMALE : 21KM				MALE / FEMALE : 10KM		
	RUNNERS ONLY				RUNNERS ONLY				RUNNERS / WALKERS		
	1st	2nd	3rd		1st	2nd	3rd		1st	2nd	3rd
OPEN	R10,000	R1000	R750	OPEN	R5,000	R500	R250	OPEN	R2,500	R250	R150
40 - 49	R300	R200	R150	40 - 49	R200			Walkers	R200	R150	R100
50 - 59	R300	R200	R150	50 - 59	R200						
60+	R300			60+	R200			Junior	R350	R150	R100
Team : Male	200X4										
Team : Female	200X4										

DISCLAIMER & INDEMNITY: I am medically fit to run and understand that I enter at my own risk and the organisers will not be held responsible for any injury or illness during or as a result of the races, or for any property lost or damaged on the course or in the changing area. In the event of requiring medical attention, I agree that I will be held responsible for the medical costs. In the event of my participation as a temporary licensed runner, I absolve the Club, Sponsors and KZN Athletics of any liability.

SIGNED:

DATE:

2 877 0400 • Rita (Race Secretary): 072 546 3440

